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**An Authentic Journey
through
Umbria and Lazio
Fall Departure**

Experience the green heart of Italy in Umbria and Lazio. Unknown to tourists, these hilly regions brim with Italian authenticity and genuine hospitality. Guided by our local experts, you'll saunter medieval streets and sip wine in ancient cellars. Trip highlights include truffle-hunting in the Umbrian woods, a boat tour of glimmering Lake Trasimeno and slumbering in a medieval castle-hotel.

SEE ITALY
MEMORIES MADE FROM SCRATCH

Day 1 – Arrival & Scenic Spoleto

12:00 pm - Upon everyone's arrival in Rome Fiumicino airport, we will meet in the arrivals hall of Terminal 3 by the Meeting Point Column. We will then transfer to the accommodation in Spoleto, a historical palace, where you will spend the next two nights.



Upon arrival in Spoleto, the whole group will enjoy a welcome aperitif before we meet our local guide for a brief introductory tour of the charming town of Spoleto -- a beautiful Roman town built atop a mountain on the Flaminia Road. Spoleto boasts many important Roman structures including its stone wall, theater and bridge; the town is also known for its 14th-century fortress. We will learn more about the Spoleto Due Mondi

Festival, a famous cultural show and currently one of the most important national, European and international events featuring a vast array of original, unusual and exclusive performances in various fields of art and culture.

Accommodation –

Residenza d'Epoca Palazzo Leti

Dinner included at a local restaurant, located a short walking distance from the hotel.

Day 2 – Olive Oil Tasting & Hilltop Village



9:00 am - In the morning, meet your driver and transfer Bevagna for a walking tour of one of the most fascinating towns of Umbria, renowned for the *Gaite Fair* held the end of June. Old World crafts are brought back to life while the various districts of the town compete for the most authentic costumes and displays of ancient skills. Here we will learn more about the world of cashmere at a local artisan's store.

After our visit of Bevagna, we will transfer to a *Podere* (farm house) in the Umbrian countryside for a tasteful and traditional Sunday lunch. After lunch, we will visit an ancient old oil mill where we will have the chance to see the new olive oil production. Our day through the off the beaten path Umbria, continues with a visit to a local winery where we enjoy a wonderful *aperitivo* and wine tasting. We will then head back to Spoleto for an evening at leisure. **Lunch and tastings are included.**

Day 3 – Truffle-Hunting & Cooking Class



8:30 am - In the morning, check-out from the accommodation and transfer to the Nera Valley from where we will start our Truffle experience.

We will then continue towards Monte Santo Pietro (approx. 1000 meters above sea level) where there is a strong presence of “pianelli” or hollow truffle, producing black truffle in winter and “scorzoni” in summer. We will enjoy a snack in the mountains before we head back to the farm house with the truffles we’ve found for a fun cooking class.

We will learn how to clean and use truffles and make the traditional *strangozzi*, fresh pasta, from scratch.

We will then enjoy lunch with truffle, including appetizers, pasta, salad and dessert. Everything will be accompanied by Montefalco Grechetto and Rosso di Montefalco wines.

Reminder: Please note that for the truffle hunting you need a comfortable outfit and sport shoes or boots.

In the early afternoon, we will head to Perugia where we will check-into Palazzo Brufani where we will spend the following 2 nights. Enjoy next a guided tour of Perugia with chocolate workshop visit and tasting. The town was an Etruscan stronghold before it became a Roman colony and was an important walled city in the middle ages, built high up on the hilltop to repel invaders. The splendid 14th-century Palazzo dei Priori sits at its highest point and houses a beautiful gallery. The nearby Corso Vannucci is ideal for strolling and people watching.

Experience the vibrant life of “i Perugini” as you stroll the medieval streets and alleyways of Perugia’s historic center. Our local guide will share her knowledge and recommendations of ancient architectural gems, historic local attractions, museums, music and arts venues.

**Accommodation –
SINA Brufani Palace**

Lunch and cooking class: included

Day 4 - Assisi & Lake Trasimeno



9:30 am – Today we will head to Trasimeno Lake for a boat tour of this secluded area (weather permitting). Departing from Tuoro sul Trasimeno and proceeding in the direction of Passignano, you can admire the beauty of the Rocca Medievale (Medieval Fortress) and the village that lies on the shores of the lake. We will then see the Maggiore Island and its castle. We will cap off our morning with a lunch of local specialties.

After lunch, we will head to Assisi for an introductory tour of the amazing town, including the famous St. Francis Basilica. The Basilica is a bi-level 13th-century building, which preserves the tomb of Saint Francis of Assisi, one of the most beloved Saints in the world. This grandiose gorgeously embellished church is decorated with frescoes by Cimabue, Giotto, Simone Martini, Pietro Lorenzetti and other well-known Italian medieval painters.

We will then transfer back to Perugia for our dinner at the hotel's restaurant. **Lunch and dinner are included.**

Day 5 – The Marvels of Orvieto



9:00 am – Check-out from the Hotel Brufani Palace and transfer towards Orvieto. We will stop on the way near Deruta to visit a local ceramic workshop before we continue for our winery tour not far from the town of Orvieto. Here we will visit the estate, enjoy a walk through the vineyards into the ancient caves, where the winery's sparkling wine traditional method is made and the French oak barrels are kept. After the tour, we'll have the

chance to have a wine tasting paired with food. After our experience at the winery, we will continue towards Orvieto where we will check-into Palazzo Piccolomini. Here we will meet our local guide for an introductory walking tour of the town. Orvieto is an old town located on tufa outcrop 300 feet above the gorgeous Paglia valley below. The city is mostly known for its Duomo (one of the most architecturally important in Europe), for its Etruscan roots and for the museums where one finds collections and displays that range over 2500 years of history. After our walk through Orvieto's charming, narrow alleys and small squares, we will enjoy an aperitivo together. **Lunch and tastings are included.**

Accommodation – Palazzo Piccolomini.

Day 6 – Medieval Civita di Bagnoregio

8:30 am – We will leave Orvieto early in the morning to reach the Tuscia area of Lazio, specifically the charming Civita di Bagnoregio -- also called “the dying town,” as it is currently inhabited by only a dozen elderly natives. Civita has a dramatic position on top of a volcanic mesa -- overlooking the Tiber River Valley. This medieval gem is only reachable by a pedestrian bridge crossing the impressive valley.

We will then move to the art workshop at Casale not far from Civita for a nice art experience with Francesco and Regula. This will be a fun experience and a unique way to meet the locals. We will then continue towards another lake, Lake Bolsena, for lunch on the shores of the lake featuring authentic local dishes of the area. After lunch, we will meet our guide for a brief walking tour of the town Bolsena, before we continue towards Castiglione in Teverina to visit the wine museum. Here you will enjoy a wine tasting paired with local food. We'll then head to Viterbo where we will check-into the Relais Santa Caterina. Here we will have time to freshen up before we leave the accommodation for dinner at about 8:20 pm. We will then transfer back to the accommodation after dinner.

Lunch, dinner and tastings are included

Accommodation –

Relais Santa Caterina

Day 7 – Cheese-Tasting & Historic Viterbo



9:00 am – After breakfast, we will head to a goat cheese farm not far from Viterbo. We will tour the farm and learn more about their cheese making process. Our visit will also include a stop at the Terme del Bacucco (ancient natural hot thermal spring inside the cheese farm property). We will then enjoy light lunch with the dairy products before we continue with a visit of Viterbo's historic center and its artisan workshops. We will enjoy a ceramic-making experience in a workshop located in the medieval heart of Viterbo before we move to

an olive oil mill where we will be welcomed by the owner for a tour and extra virgin olive oil tasting. We'll transfer back to the accommodation to get ready for our farewell dinner at a local restaurant.

8:00 pm – Transfer to an authentic local restaurant for our last dinner in the Tuscia area.

Day 8

Private transfer to FCO Rome airport for your departing flights.

Inclusions:

- 2 nights at Palazzo Leti in Spoleto with breakfast included
- 2 nights at SINA Brufani Palace Hotel in Perugia with breakfast included
- 1 night at Palazzo Piccolomini in Orvieto with breakfast included
- 2 nights at the Santa Caterina Relais in Viterbo with breakfast included
- Welcome drink at the hotel in Spoleto
- Spoleto guided tour with English speaking guide
- Welcome dinner at a local restaurant in Spoleto
- Bevagna introductory walking tour with English speaking guide
- Sunday Lunch at a local Podere, olive oil tasting and family run winery tour with aperitivo
- Truffle hunting experience with cooking class and lunch
- Introductory tour of Perugia with English-speaking guide
- Boat tour on Trasimeno Lake with lunch at a local restaurant
- Assisi guided tour with English speaking guide with St. Francis Basilica entrances
- Dinner at the hotel's restaurant in Perugia
- Stop in Deruta for a brief visit of a ceramic workshop
- Winery tour with light lunch in the Orvieto area
- Orvieto walking tour with English speaking guide and Duomo entrance fees included
- Aperitivo in Orvieto at the end of the tour
- Introductory walking tour of Civita di Bagnoregio
- Art workshop at the artist's home
- Lunch on the shores of Bolsena Lake
- Introductory walking tour of Bolsena with English speaking guide
- Wine Museum visit in Castiglione Teverina with tasting included
- Dinner at a local restaurant in the Viterbo area
- Farewell dinner at a local restaurant in Viterbo
- Cheese farm experience with light lunch included
- Viterbo guided tour with English speaking guide with ceramic workshop and oil mill visit with tasting
- All transfers included as per program